This year the fast of Tisha B'av begins Saturday evening, July 17, at 9:07 pm. The blessing over the fire is recited Saturday evening, the remaining parts of the Havdalah Service except for the spices are recited Sunday night following the Fast. The Book of Lamentations is recited while we sit on low stools or on the floor. We do not sit in regular chairs until after midday on Sunday. Leather shoes are not worn, and bathing is not permitted. In the morning service, Tallis and Tefillin are not worn. However, we do wear them for the Minchah service.

One who properly mourns the destruction of the Temple on Tisha B'av will merit rejoicing in its rebuilding.

SERVICES	DATE	TIME
*Fast begins	Saturday, July 17, 2021	9:07 pm
Minchah	Saturday, July 17, 2021	7:40 pm