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The ninth day of the Hebrew month of Av is the most tragic and sorrowful day of the Jewish calendar. It is a day that one associates with national calamities and disasters. It marks the anniversary of the destruction of both Holy Temples. The first Temple was destroyed by Babylonia and the second Temple by Rome.

Consequently, this day became a day of fasting and mourning.

The ninth of Av was destined to become a tear stricken day as a result of shedding tears of no value and reason. When the Jewish people were traveling through the desert on their way to the Holy Land, they sent forth spies to prepare the way. However, the spies returned with a negative and disparaging report. Upon hearing this report the Jewish nation began to wail. That was the ninth of Av.

This year the fast of Tisha B'av begins Saturday evening, August 13, at 8:37 pm. The blessing over the fire is recited Saturday evening, the remaining parts of the Havdalah Service except for the spices are recited Sunday night following the Fast. The Book of Lamentations is recited while we sit on low stools or on the floor. We do not sit in regular chairs until after midday on Sunday. Leather shoes are not worn, and bathing is not permitted. In the morning service, Tallis and Tefillin are not worn. However, we do wear them for the Minchah service.

One who properly mourns the destruction of the Temple on Tisha B'av will merit rejoicing in its rebuilding.

SERVICES	DATE	TIME
*Fast begins	Saturday, August 13, 2016	8:37 pm
Minchah	Saturday, August 13, 2016	7:35 pm
Maariv - Eicha	Saturday, August 13, 2016	9:35 pm
Morning Service	Sunday, August 14, 2016	8:00 am
Torah study	Sunday, August 14, 2016	7:15 – 8:05 pm
Minchah Service	Sunday, August 14, 2016	8:10 pm
Maariv & Kiddush Levanah	Sunday, August 14, 2016	8:50 pm
Fast ends	Sunday, August 14, 2016	9:21 pm

* One is permitted to drive to the synagogue after 9:23PM